

HIGHLANDS

Happenings

CONTACT INFORMATION

Main Office

Mon - Fri 10 am - 5 pm
Phone: (262) 239-7883
W197 N4950 Hickory St.
Menomonee Falls, WI 53051

DIRECTOR

Hilary Schuppener
aeropark@ardenpropertygroup.com

LEASING

Mon - Fri 10 am - 5 pm
Phone: (262) 239-7883

LEASING SPECIALIST

Nikki Schaefer
apleasing@ardenpropertygroup.com

MAINTENANCE

Mon - Fri 9 am - 3 pm
Phone: (262) 239-7883
Evenings & Weekends (The AnSer)
Emergencies ONLY (800) 263-6148

MAINTENANCE TEAM

Chris Braith

HOUSEKEEPING TEAM

Nivea Shepherd

UPCOMING SPOTLIGHT EVENTS



Romero's Food Truck

WEDNESDAY, JULY 8TH, AT 11 AM to 1 PM
MAIN PARKING LOT

Romero's Mexican food truck will be visiting! Join your neighbors for an afternoon of great food & fun while enjoying Mexican dishes! **Pricing: \$5-\$15**



Singer David Drake

THURSDAY, JULY 9TH, AT 2 PM
COMMUNITY ROOM

Join us for live music with David's American Song Bag Show! Enjoy class favorites and sing-along with neighbors.

\$5 per person. RSVP by July 8th.



Speaker Francis Scott Key

MONDAY, JULY 13TH, AT 2:30 PM
COMMUNITY ROOM

Join us for a special presentation by Francis Scott Key, writer of "The Star-Spangled Banner." Learn about his life and lasting impact on America. **RSVP by July 10th.**

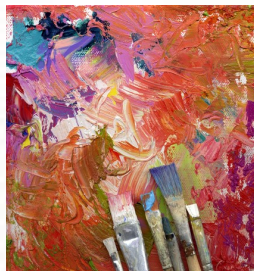


Singer Claire Sardina

WEDNESDAY, JULY 15TH, AT 4 PM
COMMUNITY ROOM

Join us for a performance by singer, Claire Sardina, the inspiration for the movie, Song Sung Blue!

\$5 per person. RSVP by July 11th.



Patriotic Sip & Paint

WEDNESDAY, JULY 22ND, AT 1 PM
AVIATION LOUNGE

Join us for a Patriotic Sip & Paint with the Art Lounge! Create artwork with guided instruction.

\$16 per person. RSVP by July 15th.



HIGHLANDS
AT AERO PARK LLC
Apartments & Townhomes 55+



RESIDENT REMINDERS

Visiting Pets

Friendly reminder that visiting pets are not allowed at the main apartment building. Service animals are welcome at all times.

Sustainable Shopping

Looking to cut down on the packaging you bring home? Refilleries are stores where customers bring their own clean reusable containers to refill bulk products like household and personal care goods and even certain groceries. To find refillery options near you, visit the website refill.directory.

Return Carts for Others to Use

Please be courteous to your neighbors and return the community shopping carts to their designated areas immediately after use.

Store Items in Designated Areas Only

As the weather warms up, more residents will be bringing out bicycles, scooters and other outdoor equipment. Please remember to store these items in designated storage areas only.

Keeping entrances and hallways clear ensures safe passage for all residents and emergency personnel.



ONSITE & LOCAL SERVICES

Aero Park Wellness Spa

4TH FLOOR | WEST ENTRANCE

The Aero Park Wellness Spa offers a variety of services from different professionals. Below is a list of services and contact information:

Rejuvenize Facial Massage: Kara Wilde, LMT

(414) 534-0245 Service & Pricing:

Massage therapy, facials, price range \$45-\$115

Leick Physical Therapy: Melissa Leick, PHD in PT

(262) 309-4870 Services & Pricing:

Trigger Point Dry Needling and Class IV Laser Therapy, \$100/hour

Rebalance Massage Therapy: Nicole Krell, LMT

(262) 295-7626 Services & Pricing: Massage therapy

\$85-\$130

Reiki: Chris Kramer, Reiki Master, Energy Healer & Board Certified Functional Wellness Coach

Services: \$40 to \$125

ckramercoaching@gmail.com or (414) 719-6634

Spectrum Cable

CUSTOMER SERVICE (855) 895-5302

WE Energies

CUSTOMER SERVICE (800) 242-9137

Senior Shuttle-Johnson Bus

CUSTOMER SERVICE (262) 251-4230

Menomonee Falls City Hall

MAIN PHONE (262) 532-4200

Pool Hours

Open: 5 am - 12 pm & Open: 1 pm - 10 pm

Closed: 12 pm - 1 pm For Daily Maintenance

The pool temperature is regulated at 80 to 84 degrees.

Summer fun!

WHAT'S COOKING

Red, White and Blue Parfaits

These patriotic parfaits are easy to make, healthy and will add a blast of flavor to your summertime meals and celebrations.

Ingredients:

- 1 cup fresh blueberries, washed and drained
- 1 6-ounce container Greek yogurt (Vanilla, lemon or coconut flavors work best.)
- 1 cup raspberries, washed and drained
- Whipped cream for garnish

Directions:

Assemble parfaits by layering the blueberries, yogurt and raspberries into 2 or 3 short, clear drinking glasses or pint-sized glass jars. Start with a layer of berries, then add a layer of yogurt and finish with the raspberries. Top each parfait with a dollop of whipped cream and a few of the berries.

Tip: If making ahead of time or to thicken the yogurt layer, drain yogurt on paper towels for several minutes to absorb some of the liquid.

Find more recipes at
Culinary.net.



Summer ABCs

D is for Days of lounging around

O is for the Ongoing heat

G is for Green Grass

D is for Drinking lots of water

A is for All the yummy summer treats you can eat

Y is for Yellow lemonade to cool you down

S is for Sunscreen to protect you

CELEBRATING FREEDOM

The Fourth of July & America's 250th Birthday

As summer arrives and July 4th approaches, we are reminded of a day that has united Americans for generations. This year holds even greater meaning as we celebrate not only Independence Day, but also the 250th anniversary of the United States — a remarkable milestone in our nation's history.

On July 4, 1776, the Declaration of Independence was adopted, marking a bold step toward freedom from British rule. Those who signed it risked everything, driven by ideals of liberty and equality that still resonate today. Early celebrations included bonfires, bells and public readings — and soon after, fireworks became a lasting tradition, lighting up the sky in honor of that historic moment.

Over 250 years, America has grown from 13 colonies into a diverse and innovative nation. Many of you have witnessed incredible changes firsthand — from simpler times to today's fast-paced world — making your experiences an important part of this ongoing story. For many, the Fourth of July brings back fond memories of parades, family picnics, patriotic songs and fireworks

under warm summer skies. While traditions may evolve, the spirit of togetherness and gratitude remains strong. As we celebrate this special anniversary, let's reflect on the freedoms we enjoy, the history we share and the communities we've built together.

Here's to 250 years of resilience, progress and pride — and to the memories still being made. Happy Fourth of July!



PAST ACTIVITIES & RECREATIONAL EVENTS



JUST FOR FUN

Celebrating Our Semiquincentennial

This 18-letter mouthful is the name for the 250th anniversary of the signing of the Declaration of Independence on Saturday, July 4. Many buildings will be closed on Friday, July 3, in observance of the country's birthday.

Independence Day by the Numbers

150 million. Hot dogs eaten on the Fourth of July.
56. Signers of the Declaration of Independence.
2.5 million. Approximate population of the U.S. in July 1776.
342 million. Approximate population of the U.S. today.

CONGRATULATIONS

Who Won \$100?

Our lease renewal drawing winners are Del & Jackie L.!

